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# Counselor Connections

Bache-Martin School Counselor Newsletter - Ms. Cocca, Rm134

http://bachemartinschoolc.wixsite.com/mysite



## Save the Date!

3/16 HALF DAY!

3/23 Town Hall K-5

3/29-4/2 SPRING RECESS NO SCHOOL!

> Enjoy Your Break!

## Happy March!

Hopefully winter is over and we can SPRING into March! We are looking forward to the spring together and gearing up for the PSSA in April (grades 3-8). Let's continue to have a great school year – check out the reminders below!

#### Reminders!

- ✓ Help your class win a pretzel party and a monthly PIZZA party by being here EVERY DAY! Classes with 95% attendance or better for the week will receive a weekly pretzel party. If your class has 3 weeks or more at 95% attendance in one month you get pizza!
- ✓ Get to the cafeteria by 8:26! Once the bell rings we need to close the door and we want you here with us to start the day!
- ✓ Show off the character themes we've practiced so far this year: RESPECT, PERSEVERANCE, SELF CONTROL, KINDNESS and CONFIDENCE!

# PERSEVERANCE is our character theme for MARCH!

During the month of October we will focus on PERSEVERANCE and encourage our students to **try their best**, **ask for help**, and **believe in themselves!** Join us in practicing and modeling PERSEVERANCE!

"It's not that I'm so smart, it's just that I stay with problems longer." - Albert Einstein

I love this quote because it shows that even Albert Einstein, one of the smartest people in history NEVER GAVE UP! His achievements were a result of his HARD WORK.

- ✓ PERSEVERANCE says:
  - o "I can do it!"
  - o "I will try again and again and again and AGAIN!"
  - "I will give it all that I have!"
  - o "I'm not giving up on this!"
  - o "This is really difficult but I will keep working hard!"



#### WHAT IF...

Michael Jordan gave up?!

\*Michael Jordan didn't make his high school's basketball team but went on to become one of the best players in NBA history!

J.K. Rowling gave up?!

J.K. Rowling (the author of the Harry Potter series) was rejected over and over again until finally a publishing company decided to publish Harry Potter – now one of the most famous series world wide!

Tyler Perry gave up?!

Tyler Perry's first theater performance was a failure and he put all of his money into it. He kept working hard and now has produced and starred in countless movies and tv shows!

Walt Disney gave up?!

Walt Dinsey's first cartoons were rejected and he was told that he "wasn't creative enough!" Now his movies and cartoons are in almost every country and language!

NEVERY GIVE UP! Try your best and work hard – you never know what you may achieve!

What is a dream you have? Write it below and think about how you are going to get there. Write down the people that can support your dreams and share this with them!

Someday I will...

The people who believe in me and can support me are...





